

# If You Do Evacuate

## Meeting Places If Separated:

- Develop a meeting place for your family to gather in the event of a natural disaster if you cannot stay in or return to your home.
- It is also a good idea to have a backup meeting place in the event that the first one is unsafe.

## Important Numbers & Addresses:

- During the first 24 hours following a major earthquake, use your land-line telephone only in case of an emergency.

## Take With You:

- Medicines and first aid kit.
- Flashlight, portable radio and batteries.
- Important papers and cash.
- Food, water, sleeping bags and extra clothes.
- Cell phone and charger.

## Learn School Policies:

- Determine in advance whether the school's policy is to hold or to release your children in the event of an emergency.

## Leave a Message:

- Post a message inside your home indicating where you can be found.



(Sample)

## Emergency Information Card

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Meeting Places: 1. \_\_\_\_\_

2. \_\_\_\_\_

Parent/Spouse: \_\_\_\_\_

Phone: \_\_\_\_\_

Friend/Relative: \_\_\_\_\_

Phone: \_\_\_\_\_

Special Medical Needs: \_\_\_\_\_



Compliments of Assemblymember

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# California's Earthquake Preparedness Guide

# Important Safety Information

# Emergency Checklist

**Batteries:** Keep a supply of batteries on hand and replace them on a regular basis.

**Food:** Keep a supply of non-perishable food on hand and replenish it on a regular basis.

**Flashlights:** Keep several on hand and test them on a regular basis.

**Portable Radio:** Be certain you know your local emergency radio stations.

**First Aid Kit:** Make sure your kit is well stocked, especially with bandages and disinfectants. Replace used and outdated items immediately!

**Fire Extinguisher:** Have your extinguisher recharged regularly.

**Water:** Store in air-tight containers and replace about every six months.

**Tools:** Keep an adjustable wrench for turning off gas and water mains.

**Special Items:** Keep at least a one-week supply of medications and food for infants and people on restricted diets.

**Stay  
Calm  
and  
Help  
Others!**



# Before the Quake

# During the Quake

# After the Quake



California State Assembly

**Jim Beall, Jr.**

ASSEMBLYMEMBER, 24TH DISTRICT

Dear Friend,

Earthquakes in California are a common occurrence. There is nothing we can do to prevent them. But there are things we can do to prevent or reduce the harm they cause. **Preparedness is the key to eliminating a great deal of damage and injury.** The first 72 hours are critical. You need to be able to live without running water, electricity and/or gas and telephones for at least three days following a quake. Remember that police and fire departments will be busy with serious crises.

This guide offers checklists for what to do before, during and after a quake. Also there is a sample Emergency Information Card that can be copied for friends and family to complete and carry with them.

Be ready to ride it out!

**JIM BEALL, JR.**

Assemblymember, 24th District

## DEVELOP A FAMILY PLAN

Prepare yourself, your family and home by completing activities on this check list. As a further safety measure, fill out and carry emergency information cards.

### Prepare Family Members:

- Learn first aid and CPR.
- Learn how to turn off gas, water and electricity.
- Learn where to take cover during an earthquake.
- Learn locations of nearby hospitals, clinics, fire stations, etc..
- Decide how and where your family will reunite if separated or if travel becomes difficult.
- Designate an out-of-state friend or relative that separated family members can call to report their whereabouts and condition.
- Conduct practice drills.
- Keep pet identification tags current.

### Set Aside Supplies and Check Periodically:

- Portable radios, flashlights and batteries.
- A one-week supply of canned or dried food and a few gallons of water in plastic bottles.
- Adjustable wrench to turn off gas and water.
- Portable stove and matches.
- Extra blankets or sleeping bags.
- Available cash.
- Pet food.

### Inspect Home – Secure Furniture and Appliances:

- Secure water heater and refrigerator. Place heavy items on lower shelves. Make certain shelves are securely fastened.
- Keep flammable or hazardous liquids (such as paints, pest sprays or cleaning products) in cabinets or secured on lower shelves.

### If Indoors, Stay There:

- Get under a desk or table or stand in a corner.
- Stay away from glass.
- Do not use candles, matches or other open flames during or after the tremor. There may be gas leaks.

### If Outdoors:

- Get into an open area away from trees, buildings, walls and power lines.
- The greatest danger from falling debris is outside and close to outer walls. If possible, move to an open area.

### If Driving:

- Pull over to the side of the road and stop.
- Avoid overpasses and power lines. Stay inside your car until the shaking is over.
- Be aware of hazards such as fallen or falling objects, downed electrical wires or damaged roadways.

### If in a Highrise Building:

- Stay away from windows or outside walls.
- Get under a table.
- Do not use elevators.

### If in a Crowded Public Place:

- Do not rush for exit doors.
- Move away from display shelves containing objects that could fall.

### Earthquake Insurance Information:

(877) 797-4300

[www.earthquakeauthority.com](http://www.earthquakeauthority.com)

### First Aid:

- Check for injuries and apply first aid.
- Do not move seriously injured individuals unless they are in immediate danger.

### Hunt for Hazards:

- Check for gas and water leaks, broken electrical wiring or sewage lines.
- If there is damage, turn utilities off at the source. Do not turn on the gas again. Let the gas company do it.
- Check building for cracks and damage, including roof, chimneys and foundation.
- Be prepared for aftershocks.

### Check Your Supplies:

- Check food and water supplies.
- Obtain emergency water from water heaters, melted ice cubes and canned vegetables.

### Stay Informed:

- Turn on your portable radio for instructions and news reports.

### Work With Authorities:

- Cooperate fully with public safety officials.
- Do not use your vehicle except in an emergency.
- Keep streets and roads clear for emergency vehicles.
- DO NOT go sight-seeing.

### Please Remember:

- Adults and children should always carry an emergency card.
- Stay calm and lend a hand to others.