




Peanut Butter Pupsicles and Popsicles

With the temperatures heating up, it is the perfect time to make a refreshing treat that both the kids and the dogs will love.

What you'll need:

- 4 cups rice milk or vanilla yogurt
- 1 medium banana
- 2 tbsp. honey
- 2 tbsp. smooth peanut butter, without salt

Warning: Some peanut butters and yogurt contain **xylitol**, an ingredient that is toxic to dogs. Always check the label before using in your recipe. Honey is safe for dogs to eat in small quantities but **raw honey** should not be fed to puppies and not fed to dogs with compromised immune systems.

- Mix ingredients well in a blender 
- Pour into small paper cups or ice cube trays 
- Use popsicle sticks for the kids only. They aren't needed for the pupsicles. Or be sure to hold on to them while the dog enjoys them.
- Freeze them 

Enjoy!

