

HOW TO GROW YOUR GARDEN

How do plants grow?

First, you start with seeds. Think about what we need in order to grow: healthy food, water, air, a warm place to live, and time. Plants need all of these things, too!



When a seed gets planted into the ground, it will go through a growing process called germination. Germination happens inside the seed, and with just the right combination of soil, water, and sunlight (warmth), the embryo will start to grow. The roots will grow down into the soil and start absorbing water and food from the soil, and the stem will shoot right up towards the sunlight. Once the leaves grow, the plant will be ready to start making food on its own.

Let's get to work. This is what you will need:



Seeds • A teaspoon • Soil • Egg carton • Water

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With a teaspoon, fill one of the egg carton holes half way with soil.



Pour some water in it to ensure the soil is humid.

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Select the seeds you will be planting and put them on the soil.



Cover the seeds with soil and pour some water over it.

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You can write the name of the seed on the carton or you can create tags for them.



Be ready to watch them grow!

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